## FALL 2014 - INDUCTION EDITION

## Beta Sigma Chapter Newsletter The Pennsylvania State University College of Nursing



# PRESIDENT'S MESSAGE Cathleen Dillen, MS, RN, AOCNS, ACNS-BC

Greetings to all Beta Sigma Members,

As the 40<sup>th</sup> Anniversary of Beta Sigma Tau comes to a close I would like to thank our past president Jo Anne Carrick for her strong leadership and mentorship during my past year as President-Elect. I look forward with pride to serving the membership of Beta Sigma Tau over the next two years. Looking back over our exciting 40<sup>th</sup> year; which ran in conjunction with the Penn State College of Nursing's 50<sup>th</sup> Anniversary, I am convinced that many more exciting opportunities lie ahead. Our 40<sup>th</sup> Anniversary/Research Day celebration also marked the first ever Beta Sigma Member Awards.

Congratulations to the recipients: Rae Brown (Excellence in Leadership), Janice Penrod (Excellence in Scholarship), and Sharon Lacue (Excellence in Community Service). Thank you to our dedicated board, staff assistant Amy, and members who made these events possible.

This fall we will celebrate the hard work of our students as we hold our annual Induction Ceremony. I would like to extend a warm welcome to our new members and a sincere thank you to our current members who continue to renew their membership. You are a shining example of the successes that our new inductees can look for as they continue in the nursing profession. New inductees are invited to apply for one of our Internship positions which will pair you with a nurse mentor.

Our Board has decided to make 2015 the "Year of Member Achievement" and we would like to hear from all of our members, especially our new student members. Please submit your achievements, awards, and honors to me at <a href="cld274@psu.edu">cld274@psu.edu</a> and we will place this information on our chapter website. We invite all members to become involved with Beta Sigma whatever your area of interest. We have programs for members who are interested in research, outreach, or networking, just to name a few options. Your participation in Beta Sigma can be as individualized as your interests and goals. The strength and value of Beta Sigma is accessing, highlighting and recognizing the tremendous resources we have in each member. Only together can we as a nursing organization lead globally.

Have a great Holiday Season,

### Cathy

#### Save the Date:

**December 4, 2014** – Guest Speaker (5:00-7:00 p.m.) Ruth Pike Auditorium, Biobehavioral Health Building, University Park Debra J. Barksdale, PhD, FNP-BC, ANP-BC, CNE, FAANP, FAAN, Associate Professor and Director of the DNP Program, University of North Carolina School of Nursing presents "Patient-Centered Care: If It Were Easy, Everyone Would Do It".

**December 8, 2014** – New Member Q&A (5:00-7:00 p.m.) in 149 HHD East. This is an opportunity for new Inductees to chat with the Beta Sigma President in a relaxed setting. A light dinner will be served.

April 10, 2015 – Jean Vallance Lecture (4:00-6:00 p.m.) in the Ruth Pike Auditorium, Biobehavioral Health Building

**April 11, 2015** – Beta Sigma Annual Research Day (2:00 to 4:00 p.m.) in the Ruth Pike Auditorium, Biobehavioral Health Building

Visit us on Facebook at:

http://www.facebook.com/groups/131711104875

#### Beta Sigma Website

Please check out our new website located within the Sigma Theta Tau International Website at: http://betasigma.nursingsociety.org/betasigmachapter/home/

**Beta Sigma has a website located on the Circle!** The Circle is STTI's professional networking site, developed to connect members with each other, their chapters, regions and headquarters. The site also connects members with the benefits and services of membership.

Since The Circle is a benefit exclusive to active STTI members and authenticated users participating in an STTI community or leadership capacity, access is granted by signing in:

Visit: http://thecircle.nursingsociety.org

Click on the "Sign In" button in the upper right corner of the screen and enter:

E-mail address

Password: 7-digit member identification number

The Circle includes member profiles which you can personalize according to your preferences. Once logged in, members will determine what information they would like to share and who they would like to share it with. You can add other members as your "contacts" by finding them via the member directory and keep active with your chapter through new chapter websites.

During your next visit to our site make sure to update your profile – it is simple to do.

#### Induction 2014



The foundation of your honor society membership is a combination of honor, community, service and knowledge. Your pursuit of nursing excellence has earned you this honor and the opportunity to build your career and your membership experience throughout your lifetime. Professional development aspirations will vary from member, but no matter what your goas are, STTI can help you grow in your learning, knowledge and professional development.

Check out STTI's website at: <a href="http://www.nursingsociety.org/Pages/default.aspx">http://www.nursingsociety.org/Pages/default.aspx</a>. Here you can read about all of the wonderful benefits it has to offer. It is an honor and a privilege to be a member of the Honor Society of Nursing. The founders created the name Sigma Theta Tau from Greek words that mean love, courage and honor. Take the challenge and incorporate each of these values into your nursing career.

### **CONGRATULATIONS 2014 BETA SIGMA INDUCTEES!**